

# Pamper Yourself



**When: Saturday, March 27 at 10 a.m.**

**Where: Rumford Hospital, Lariviere Oncology Suite**

**Free Mini Spa Sessions for cancer patients, survivors and caregivers:**

- Manicures
- Pedicures
- Hair Styling
- Reiki
- Massage
- Sound Therapy and more

Participation is limited to the first 35 registrants.

Attendees may bring one family member or friend.

Refreshments will be provided.

Pre-registration is required.  
Please call **795-8250**  
or toll-free **1-877-336-7287**

